



14 Nov 02

LETTER OF ENDORSEMENT - BLACK ARTS MILITARY UNARMED COMBAT

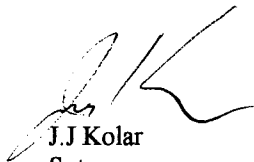
My name is Sergeant Jim Kolar. I was recruited into the Canadian Military in March 1988, having since served with the Elgin Regiment and Governor General's Foot Guard. Currently, I serve with the 4th Battalion The Royal Canadian Regiment as a Platoon Warrant.

Since 1984, I have studied various styles of martial arts, including Chito and Goju Karate, Jiu Jitsu, Tae Kwon Do and Aikido and have recently earned a black belt in the Black Arts Society. Also, I am certified through the Black Arts Society as a Military Unarmed Combat Instructor and Bojuka Level Three. I am actively instructing these techniques to The Royals Unarmed Combat Team as the Head Sensei at ASU London. Our Black Arts Military Unarmed Combat course packages are detailed and well rounded, giving the troops the knowledge and confidence they need to deal with modern situations.

Over the last year, I have had the pleasure of working with Grandmaster Gus Michalik and the other members of the Black Arts Society. Their combined vast knowledge and experiences makes the Black Arts Society one of the most current and potentially lethal forms of martial arts I have ever seen. The techniques are constantly evolving, combining the best of countless styles. Every class I witnessed novice students producing devastating results.

The Black Arts Society has produced several training CD-ROM's as well as printed textbooks and videos. These materials are used to instruct the Military Unarmed Combat course because they are clear, precise and include descriptive text, pictures and video clips. The Black Arts does not use patterns or predefined defences which makes it easy to achieve a reasonable level of effectiveness quite quickly. I was recently involved in converting the textbooks to Military format lesson plans, making it easier for military and police personnel to integrate the Black Arts Military Unarmed Combat techniques. The techniques and theories used in Black Arts Military Unarmed Combat courses are ideal in today's world of aggression and terrorism. This practice can be used by military personnel in home-land defence or in the theatre of war, as well as by law enforcement officers, anti-terrorist groups, intelligence agents, and civilians wishing to defend their lives and the lives of others.

I look forward to learning more and honing my skills with the Black Arts Society.



J.J Kolar
Sgt
1 PL 2 I/C S COY
4RCR